



# Together2Goal<sup>®</sup>

AMGA Foundation  
National Diabetes Campaign



# 2019 National Day of Action Wrap Report

# Purpose

National Day of Action aims to mobilize medical groups and health systems across the country to take action to **improve care** for people living with **diabetes**.

This November, we inspired action through *T2G Talk & Taste* events nationwide!



# T2G Talk & Taste

Meet with the diabetes team over a healthy breakfast or lunch



Discuss the Campaign Plank with the team and identify ways to improve



Watch a Plank Mentor Q&A video to learn more about a Campaign Plank



Recognize high-performers among the team for their hard work



# T2G Talk & Taste Kit



- ❑ Participation guide
- ❑ Staff invitation template
- ❑ 11 Plank Mentor Q&A videos
- ❑ Annotated PowerPoint presentation
- ❑ Certificate template
- ❑ Reimbursement form



# Impact

More than **300 healthcare professionals** from **32 groups** came together to take action to improve diabetes care!





# Participants





# Hattiesburg Clinic



*“We watched Mark Greenwood [discuss] integrating emotional and behavioral support. He touched on several important concepts with the most important one being team work!”*

# Quincy Medical Group



*“[We had] a great discussion about increasing our diabetes referrals, and came up with a plan we are going to try.”*

# Lehigh Valley Physicians Group



*“We watched the DM Education video, and had representation from our DM Education program... [We] had a great discussion around ways to increase education participation and referrals.”*



# Spotlight on Sentara Medical Group

**SENTARA MEDICAL GROUP**

## DIABETES AWARENESS EVENT

Join us for a **FREE** community diabetes awareness event. Learn tips on how to help prevent, manage and control diabetes. Enjoy educational sessions for both patients and their families.

**EVENT HIGHLIGHTS:**

- Healthy Cooking Demonstration & Tasting with Tiffany Derry
- Free A1c Testing & Blood Pressure and BMI Screenings
- Free Eye Sight Screening from the Lion's Club
- Educational Speakers
- Meet & Greet with Representatives of the American Diabetes Association



**Healthy Cooking with  
Celebrity Chef Tiffany Derry**

**Saturday, November 2, 2019  
9:00 a.m. – 12:00 p.m.**

**Williams Farm Recreation Center  
5252 Learning Circle  
Virginia Beach, VA 23462**



**Free event. Walk-Ins welcome. No reservations required.**

**VIRGINIA BEACH  
PARKS & RECREATION**  
VBGOV.COM/PARKS



Community Diabetes Awareness Event November 2, 2019

**Schedule for Speakers:**

9:05-9:20 Welcome from Sentara Medical Group – Dr. Anthony Hardin, MD  
 9:30-10:00 Dr. Candace Minter, PharmD, BCACP - Sentara Medical Group, Manager of Pharmacy  
 10:00-10:30 Dr. Mack Bonner, MD, MPH – American Diabetes Association Leadership Board Member  
 10:30-11:30 Chef Tiffany Derry – Healthy Cooking Demonstration - Novo Nordisk  
 11:30-12:00 Amy Crutsinger, Physician's Assistant -Wagner Macula & Retina Center

**Participants**

American Diabetes Association	Ornish Program
Eastern Virginia Medical School (screening A1c)	Sentara Medical Group Pharmacy
Journey 4 Control (Sentara Medical Group)	Sentara Virginia Beach General & Sentara
Lions Club	Leigh Outpatient Diabetes Education
National Kidney Foundation	Virginia Beach Parks & Recreation
Novo Nordisk	VDH (VA Dept. Health)
Optima Health (screening BP, cholesterol and body mass index)	Wagner Macula & Retina Center

Thank you to all speakers and participants!

Flyer and program  
for Sentara's *T2G  
Talk & Taste* event



# Spotlight on Summit Medical Group



## National Day of Action T2G Talk & Taste

AGMA's Together 2 Goal® (T2G) campaign aims to improve care for those living with type 2 diabetes. T2G campaign participants aim to improve standard type 2 diabetes measures, including blood sugar control, blood pressure control, lipid management, and testing for kidney disease. Over the past year, the campaign expanded its focus to explore other areas of treatment and measurement that could improve outcomes for patients with diabetes, including addressing risk of cardiovascular disease.

Each year, the campaign hosts a "National Day of Action"—a day when health professionals across the country come together to take steps to improve diabetes care. For two consecutive years, SMG was happy to get in on the action! On November 14, SMG assembled the committee which has been working to advance diabetes improvement efforts, to participate in AMGA's "T2G Talk & Taste" event. Gathered over breakfast, they discussed T2G's application in helping to motivate patients to take control of their diabetes.

A special congratulations to SMG Cardiologist, [Liana Spano-Brennan, DO](#) for being chosen this year by AMGA as a Plank Mentor. Plank Mentors are individuals chosen for excelling at implementing a given campaign plank within their organization and are available to fellow campaign participants to answer questions, offer expertise, and share lessons learned in a one-on-one setting. Dr. Spano-Brennan was elected for successfully assessing and addressing risk of cardiovascular disease in patients.

[Watch Dr. Spano-Brennan's T2G Q&A](#)

Summit Medical Group's marketing team promoted their *T2G Talk & Taste* event via an e-newsletter and social media channels.

# Spotlight on Sutter Health




## National Diabetes Month Celebration Talk and Taste

As you may know, Sutter Gould Medical Foundation is one of 150 medical groups and health systems participating in AMGA's Together 2 Goal® (T2G) campaign. This national campaign aims to collectively improve care for 1 million people living with Type 2 diabetes by 2021.

**T2G will hold its annual observance—National Day of Action—on November 7.** On this day, health professionals across the country will come together to "take action" to improve diabetes care.

Come join us! Learn about SGMF Health Education diabetes services, meet our new nurse educator, and how we can help your team care for our patients with diabetes.

**Topics include:**

- Diabetes empowerment videos
- Diabetes education services
- Maino Health Library EPIC referral capability – more resources and local support services for patients!

**Presenters:**  
**Erica Corral-Ruiz, RN**  
 Nurse Educator  
 Community Health Education

**Danica Acedillo**  
 Community/Consumer Health Coordinator  
 Maino Community Health Library

**Sutter Gould Medical Foundation**  
 600 Coffee Road  
 Modesto, CA 95355

**2nd Floor  
 Conference Room # 2127**

**Thursday  
 November 7, 2019**

**Session 1  
 12:00 pm – 12:30 pm**

**Session 2  
 12:30 pm - 1:00 pm**

"Light refreshments and healthy snacks available"

Please RSVP to Danica Acedillo if you will be attending  
[acedil@os.sutterhealth.org](mailto:acedil@os.sutterhealth.org)




Sutter hosted two events to introduce staff to the new nurse educator, discuss team approaches to diabetes improvement, and provide a healthy meal!

Flyer promoting Sutter's  
T2G Talk & Taste event

# AMGA In-Office Activity



# 2020 National Day of Action



Stay tuned for details on next year's National Day of Action, which will take place **November 5, 2020**. We hope you'll join us!