

TABLE OF CONTENTS

IMPLEMENTING THE PLANKS

Build an Accountable Diabetes Team

Tool: Insulin Initiation and Administration Worksheet (Lexington Clinic) 5-7

Integrate Emotional and Behavioral Support

Tool: Diabetes Distress Scale (Behavioral Diabetes Institute) 9-11

Refer to Diabetes Self-Management Education and Support Programs

Tool: The Algorithm of Care (ADA, AADE, and Academy of Nutrition and Dietetics) 13

Insight: Weight Loss and Management of Type 2 Diabetes (AMGA Analytics) 14-16

Conduct Practice-Based Screening

Insight: Diabetes Screening and Undiagnosed Patients at Risk (AMGA Analytics) 17-21

Adopt Treatment Algorithm

Tool: Diabetes Treatment Algorithm (Geisinger) 23

Tool: Diabetes Management Algorithm (Mercy) 24

Measure HbA1c Every 3-6 Months

Insight: Controlling Glucose Levels in Patients with Type 2 Diabetes (AMGA Analytics) 25-29

Tool: HbA1c POC Testing Handout (Mercy) 30

Assess and Address Risk of Cardiovascular Disease

Tool: Blood Pressure Patient Worksheet (SwedishAmerican Health System) 31

Contact Patients Not at Goal and with Therapy Change within 30 Days

Insight: Overcoming Therapeutic Inertia (AMGA Analytics) 33-36

Embed Point-of-Care Tools

Tool: Overdue Health Maintenance Alert (Baton Rouge Clinic) 37

Publish Transparent Internal Reports

Tool: Internal Provider Performance Report (Ballad Health) 39-40

Tool: Nephropathy Improvement (SwedishAmerican Health System) 41

Copyright and Disclaimer

43